The book was found

Prepare For Battle - Street Dance Secrets (Super Power Practice Book 4)





Synopsis

The true energy of street dance comes out when two dancers are giving their moves everything they have, fighting fiercely to come out on top. Showcase performances and solo practice sessions are great, but street dance feeds off of raw competition! With a foreword by Street Dance Pioneer JoJo, this book goes deep into everything you need to know to dominate your battles! Learn step by step what it takes to win! "As someone who was there back in the day, this book spoke to me. We all approach battles differently, and this book will help you no matter what your style is." - JoJo, Co-Founder of the legendary Rocksteady Crew Barry "GRIZ" Rabkin is the founder of CypherStyles.com, the world's largest street dance source! GRIZ's lessons make it easy for beginners of all ages to guickly master advanced concepts and help experienced dancers perfect their own unique styles. GRIZ has spent over a decade professionally performing and teaching street dance, sharing the most effective practice and training theories. His research led him to a degree in Psychology and certification as both a National Council on Strength and Fitness Personal Trainer and a Sports Nutritionist. GRIZ has had the opportunity to learn secrets from hundreds of world class dancers and the "Super Power Practice" book series passes all that focused knowledge on to you. Take your street dancing to the next level! Join the tens of thousands of people all over the world who have already learned street dancing from CypherStyles.com!

Book Information

File Size: 549 KB Print Length: 102 pages Simultaneous Device Usage: Unlimited Publication Date: October 16, 2015 Sold by:Â Digital Services LLC Language: English ASIN: B016SECTD2 Text-to-Speech: Enabled X-Ray: Not Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #1,305,294 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #47 in Kindle Store > Kindle eBooks > Arts & Photography > Dance > Popular #149 in Books > Arts

& Photography > Performing Arts > Dance > Popular #187198 in Books > Humor & Entertainment

Download to continue reading...

Prepare For Battle - Street Dance Secrets (Super Power Practice Book 4) Street Dance Skills & Drills - BBoy Bootcamp (Super Power Practice) (Volume 3) Street Dance Goals - The Next Level (Super Power Practice) (Volume 2) How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More Beginning Power BI with Excel 2013: Self-Service Business Intelligence Using Power Pivot, Power View, Power Query, and Power Map Power Pivot and Power BI: The Excel User's Guide to DAX, Power Query, Power BI & Power Pivot in Excel 2010-2016 How to Prepare for the PCAT: Pharmacy College Admission Test (Barron's How to Prepare for the Pcat Pharmacy College Admission Test) How to Prepare for the Mat: Miller Analogies Test (Barron's How to Prepare for the MAT) Let's Prepare for the PARCC Grade 3 Math Test (Let S Prepare for the Parcc Tests) Bull by the Horns: Fighting to Save Main Street from Wall Street and Wall Street from Itself Super Simple Jewelry: Fun and Easy-To-Make Crafts for Kids (Super Sandcastle: Super Simple Crafts) Kindergarten Super Math Success (Sylvan Super Workbooks) (Math Super Workbooks) Fourth Grade Super Math Success (Sylvan Super Workbooks) (Math Super Workbooks) First Grade Super Math Success (Sylvan Super Workbooks) (Math Super Workbooks) First Grade Super Math Success (Sylvan Super Workbooks) (Sylvan Math Super Workbooks) Kindergarten Super Math Success (Sylvan Super Workbooks) (Sylvan Math Super Workbooks) Third Grade Super Math Success (Sylvan Super Workbooks) (Sylvan Math Super Workbooks) Fifth Grade Super Math Success (Sylvan Super Workbooks) (Sylvan Math Super Workbooks) Common Core Practice - 8th Grade English Language Arts: Workbooks to Prepare for the PARCC or Smarter Balanced Test: CCSS Aligned (CCSS Standards Practice) (Volume 11) Minecraft Secrets: Master Handbook Edition: Top 100 Ultimate Minecraft Secrets You May Have Never Seen Before (Unofficial Minecraft Secrets Guide for Kids) (Ultimate Minecraft Secrets Handbook)

<u>Dmca</u>